



# MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

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UNIVERSITY EXAMINATIONS 2024/2025

THIRD YEAR FIRST SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR  
OF SCIENCE IN NURSING

**NND 3326 – SEXUAL AND REPRODUCTIVE HEALTH NURSING**

**DATE: JANUARY 2025**

**TIME: 2 HOURS**

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**INSTRUCTIONS:** *All questions are compulsory*

Ensure that all your answers are properly numbered

Part 1 Multiple Choice Questions (MCQs): Write the correct answer on the space provided in the answer booklet. Each MCQ is one mark.

Part 11: Short Answer Questions-Answer questions following each other on the answer booklet

Part 111: Long Answer Questions-Answer

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**SECTION A: MCQ (20 MARKS)**

1. Which of the following statements is true about condom use?
    - a) Is effective if properly used
    - b) Treponema pallidum can affect the base of the penis
    - c) Are used commonly because of attitude in some communities
    - d) Is more effective if used with another method
  2. Choose the correct description of chlamydial infections
    - a) Chlamydia trachomatis is not transmitted by intimate sexual contact.
    - b) The incubation period for chlamydia infection is 3-4 days.
    - c) The causative organism Chlamydia trachomatis is a non-motile gram-positive bacterium.
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- d) The causative organism for Chlamydia trachomatis is a non-motile gram-negative bacterium.
3. Among the following answers, which is the best description of Prevention from mother to child transmission (PMTCT)
- a) Women should be discouraged from conceiving
  - b) May not succeed because of traditions and taboos in some communities
  - c) It can be difficult in discordant couples
  - d) It is always safe when the patients are on ARV
4. Human Papilloma virus vaccine is an effective means of preventing
- a) Breast cancer
  - b) Uterine cancer
  - c) Cervical cancer
  - d) Ovarian cancer
5. Concerning Voyeurism
- a) Men expose their sex organs to girls.
  - b) Person gets sexual satisfaction by inflicting pain on the sexual partner.
  - c) Men dress as opposite sex to get the sexual satisfaction
  - d) Gets sexual pleasure by peeping at a nude woman
6. Which among the following is an STI characterized by genital ulcers?
- a) Trichomoniasis
  - b) Gonorrhoea
  - c) Genital herpes
  - d) Cervicitis
7. The paraphilia involving having sexual relations with blood relations is
- a) Voyeurism
  - b) Expositionism
  - c) Incest
  - d) Frotteurism
8. Focused Ante-Natal Care is one of the major components for maternal and child care model in Kenya, identify the least common element of FANC.
- a) Recognizing danger signs in pregnancy and where to go for help
  - b) Drawing up an individual birth plan

- c) Focused 4 ANC visits.
  - d) Recognizing signs and symptoms of malaria
9. The following element supports the 8 pillars of maternal and neonatal health in Kenya.
- a) Essential obstetric care
  - b) Family planning
  - c) FANC
  - d) Community action and male involvement
10. Among the following are Direct causes of maternal death; Except?
- a) Abortion
  - b) Ectopic pregnancy
  - c) pre-eclampsia
  - d) TB
11. Societal beliefs about maleness and femaleness is:
- a) Sexual ideology
  - b) Sexual experience
  - c) Sexual partnership
  - d) Sexual choice
12. Basic obstetric care constitutes the following except?
- a) Blood transfusion
  - b) Parenteral uterotonics
  - c) Manual removal of the placenta
  - d) Removal of retained products of conception or Manual Vacuum Aspiration (MVA)
13. Which among the following is not an element of human sexuality?
- a) Sexual behavior
  - b) Sexual partnership
  - c) Sexual Child birth
  - d) Sexual ideology
14. Identify the best description of gender stereotypes
- a) This is equal opportunity and fair treatment for men and women
  - b) This is when men and women are seen to be equal, such as women and men having equal access to education.

- c) Is the ability to recognize gender issues irrespective of any one's sexual orientation.
  - d) Is a standardized idea or character
15. Which among the following is not a type of sexual violence?
- a) Incest by female persons,
  - b) conjugal rights
  - c) Rape
  - d) Sexual harassment
16. Medical management in post rape protocols includes the following except?
- a) HIV and STI screening
  - b) Hepatitis B prevention
  - c) Imprisonment
  - d) Administration of tetanus toxoid vaccine.
17. The best description of palpation is?
- a) Listening to body sounds created in lungs, heart, blood vessels, and abdominal viscera.
  - b) Tapping of body parts with short sharp strokes to create sound waves.
  - c) Use of touch during examination to make judgements about size, shape,
  - d) A systematic and deliberate observation of the person using the special senses
18. Which of the following clinical presentations is most consistent with Lymphogranuloma venereum (LGV)?
- a) A large, tender beefy red ulcer with raised, friable borders.
  - b) A large, pustular genital lesion with punctate central lesions displaying a "button sign"
  - c) A genital ulcer associated with regional tender lymphadenopathy that displays a "groove sign".
  - d) Multiple shallow perineal ulcer's that display a "dew drops sign"
19. According to the famous psychoanalyst Sigmund Freud in the theory of psychosexual development, the third stage constitute of?
- a) Infancy
  - b) Adulthood

- c) Childhood and pre adolescence
  - d) Adolescence
20. All of the above are body language that one should pay attention during counselling except?
- a) Position of body parts (arms, legs, and eyes)
  - b) Gestures
  - c) Understanding
  - d) sitting position and other visual cues

### SHORT ANSWER QUESTIONS (30MARKS)

1. Describe the 2 unique interventions that a nurse and her/his team would employ during implementation of comprehensive obstetric care at level six hospital that the referring facility was not able to implement in level two facility (4Marks)
2. State 5 direct causes of maternal obstetric death. (5Marks)
3. Illustrate the prevention strategies of 3<sup>rd</sup> delay in a level 5 hospital where you are working as a nursing officer in-charge (6Marks)
4. Describe five physical and biological changes in boys (5 Marks)
5. Explain 5 components of Kenyan model of safe motherhood as outlined in 1987 Nairobi convention pointing out the key government strategies towards its Implementation (10Marks)

### LONG ANSWER QUESTION (20MARKS)

Mr and Mrs M visited your health facility with history of incomplete abortion which occurred at home.

- a) List 8 qualities of a good counsellor (4Marks)
- b) Describe the best management of Mrs M that you as a nursing officer in charge of level 4 hospital and the rest of team members are going to offer (10Marks)
- c) Describe 6 health messages you will share with the couple before discharge (6marks)