



MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

P.O. Box 972-60200 - Meru-Kenya.
Tel: +254 (0)799529958, +254 (0)799529959, +254 (0)712524293
Website: www.must.ac.ke Email: info@must.ac.ke

UNIVERSITY EXAMINATIONS 2023/2024

SECOND YEAR THIRD SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF
SCIENCE IN NURSING

NNU 3235: SEXUAL AND REPRODUCTIVE HEALTH

DATE: APRIL 2024

TIME: 2 HOURS

INSTRUCTIONS: *All questions are compulsory*

Ensure that all your answers are properly numbered

Part 1 Multiple Choice Questions (MCQs): Write the correct answer on the space provided in the answer booklet. Each MCQ is one mark.

Part 11: Short Answer Questions-Answer questions following each other on the answer booklet

Part 111: Long Answer Questions-Answer the questions on the answer booklet.

SECTION A: Multiple Choice Questions (20 MARKS)

1. 1.is an abbreviation used for verbal behavior that facilitates communication?
 - a) SOLER
 - b) ROLES
 - c) CLEAR
 - d) EMONC
2. Choose the correct description of chlamydial infections
 - a) Chlamydia trachomatis is not transmitted by intimate sexual contact.
 - b) The incubation period for chlamydia infection is 3-4 days.

- c) The causative organism *Chlamydia trachomatis* is a non-motile gram-positive bacterium.
- d) The Causative organism for *Chlamydia trachomatis* is a non-motile gram-negative
3. The following organism causes gonorrhoea disease for both males and females.
- Neisseria
 - Streptococcus
 - Staphylococcus
 - Human Papilloma Virus
4. -----Is the term used to refer to sex variations/deviation
- Exhibitionism
 - Paraphilias
 - Fetichism
 - Bestiality
5. Concerning Voyeurism
- Men expose their sex organs to girls.
 - Person gets sexual satisfaction by inflicting pain on the sexual partner.
 - Men dress as opposite sex get the sexual satisfaction
 - Gets sexual pleasure by peeping at a nude woman
6. Which among the following is on STI characterized by genital ulcers?
- Trichomoniasis
 - Gonorrhoea
 - Genital herpes
 - Cervicitis
7. Which is the odd one out in regards to pillars of safe motherhood model in Kenya?
- Family planning
 - Post abortion care
 - Sustainable development goals
 - Elimination/Prevention mother to child transmission
8. Focused Ante-Natal Care is one of the major components for maternal and child care model in Kenya, identify the least common element in FANC.
- Recognizing danger signs in pregnancy and where to go for help
 - Drawing up an individual birth plan
 - Focused 4 ANC visits

- d) Recognizing signs and symptoms of malaria
9. The following element supports the 8 pillars of maternal and neonatal health in Kenya.
- a) Essential obstetric care
 - b) Family planning
 - c) FANC
 - d) Community action and male involvement
10. Among the following are Direct causes of maternal death; which one is the odd one out?
- a) Anemia
 - b) Ectopic pregnancy
 - c) pre-eclampsia
 - d) Abortion
11. Which of the following is not contained in 1st Delay of maternal mortality context?
- a) Failure to recognize signs of complications
 - b) Failure to perceive severity of illness
 - c) Shortages of supplies and basic equipment
 - d) Previous negative experience with the health system
12. Essential obstetric care constitutes the following except?
- a) Parenteral uterotonics
 - b) Manual removal of the placenta
 - c) Removal of retained products of conception or Manual Vacuum Aspiration (MVA)
 - d) Performing caesarean sections
13. Which among the following is not an element of human sexuality?
- a) Sexual behavior
 - b) Sexual partnership
 - c) Sexual Child birth
 - d) Sexual ideology
14. Identify gender stereotypes
- a. This is equal opportunity and fair treatment for me and women
 - b. This is when men and women are seen to be equal, such as women and men having equal access to education.
 - c. Is the ability to recognize gender issues irrespective of any one's sexual orientation.
 - d. Is a standardized idea or character?
15. Which among the following is not a type of sexual violence?

- a) Incest by female persons,
 - b) Sexual harassment
 - c) Rape
 - d) Humiliation
16. Medical management in post rape protocols includes the following except?
- a) Legal assistance and advocacy
 - b) HIV and STI screening
 - c) Hepatitis B prevention
 - d) Administration of tetanus toxoid vaccine.
17. The best description of percussion is?
- a) This is listening to body sounds created in lungs, heart, blood vessels, and abdominal viscera.
 - b) This is tapping of body parts with short sharp strokes to create sound waves.
 - c) This is use of touch during examination to make judgements about size, shape,
 - d) This is a systematic and deliberate observation of the person using the special senses
18. Which of the following is not a skill in "SOLER" during counselling session?
- a) Sitting squarely
 - b) open posture
 - c) learning
 - d) eye contact
19. According to the famous psychoanalyst Sigmund Freud in the theory of psychosexual development, the third stage constitute of?
- a) Infancy
 - b) Adulthood
 - c) Childhood and pre adolescence
 - d) Adolescence
20. All of the above are body language that one should pay attention during counselling except?
- a) position of body parts (arms legs, and eyes)
 - b) gestures
 - c) Understanding
 - d) Sitting position and other visual cues

SHORT ANSWER QUESTIONS (30MARKS)

- 1 Explain 5 components of reproductive health. (6Marks)
- 2 Describe the key practices that a nurse would employ during implementation of essential obstetric care in maternity unit. (5marks)
- 3 State 5 direct causes of maternal obstetric death (5Marks)
- 4 State three Delays in the context of maternal mortality? (5Marks)
- 5 Describe Six physical and biological changes in girls (5 Marks)
- 6 Identify 4 phases of sexual response cycle in females (4Marks)

LONG ANSWER QUESTION (20MARKS)

1.
 - a. Discuss 5 pillars of safe motherhood in the Kenyan maternal and newborn Health model (10Marks)
 - b. Explain 5 factors associated with early initiation of sexual activities (10Marks)

