



# MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

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UNIVERSITY EXAMINATIONS 2024/2025

SECOND YEAR FIRST SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR  
OF SCIENCE IN HEALTH SYSTEM MANAGEMENT

**NNH 3205 – PRIMARY HEALTH CARE**

**DATE: JANUARY 2025**

**TIME: 2 HOURS**

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**INSTRUCTIONS:** Answer Question **ONE** and any other **TWO** questions

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**QUESTION ONE**

- a) State any four pillars of primary health care (4 marks)
- b) Elaborate the term 'Universal Health Coverage' (2 marks)
- c) Several factors led to the evolution of the 'health for all' goal, especially in the developing countries. Discuss (4 marks)
- d) State any four elements of primary health care added by the Kenyan government (4 marks)
- e) Explain the goal of community based approach in achievement of health for all (4 marks)
- f) State three functions of the community health services as prescribed by Health Act 2017 of Kenya (6 marks)
- g) You are a health manager in upcoming health project that is focusing on prevention of non-communicable diseases in your county. State three ways in which attain community involvement and participation in this project (6 marks)



## SECTION 11: SHORT ANSWER QUESTIONS (40 MARKS)

1. The Alma Ata declaration identified primary health care as the key to the attainment of the goal of 'Health for All'. Discuss 5 characteristics of Primary Health care that addresses attainment of this goal (20 marks)
2. Health financing is an important component in successful functioning of Primary Health Care Network health system. Describe health Financing principles of resource mobilization under the following sub-topics: (20 marks)
  - i. Resource mobilization
  - ii. Pooling .
  - iii. Strategic purchasing
  - iv. Efficiency gains
3. A referral system within the primary Health Care (PHC) network enable clients' healthcare needs be comprehensively managed using resources beyond those available where they access care.
  - i. Describe the three types of referral mechanism within the PI-IC network (12 . marks)
  - ii. With example, state four categories of global indicators developed by WHO in 1981 for monitoring and evaluating achievement of 'health for all' (8 marks)

