



MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

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University Examinations 2023/2024

THIRD YEAR SECOND SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR
OF COMMUNITY HEALTH DEVELOPMENT

HPC 3321: COMMUNITY HOME BASED CARE

DATE: APRIL 2024

TIME: 2 HOURS

INSTRUCTIONS:

Answer question one and any other two questions

SECTION A SHORT ANSWER QUESTIONS (30 MARKS)

- a. Define the following terms as applied in communicable disease (1 mark each)
- Define the following terms as applied in counselling
- Counselling
 - Psychotherapy
 - Home based care
 - Hospice care
 - Guidance
- b. List five counselling skills (5 marks)
- c. Differentiate between empathy and sympathy (5 marks)
- d. Define the term counsellor warmth as is applied in counselling (5 marks)
- e. Define transference in relation to terminally ill patients (5 marks)
- f. Define countertransference in relation to terminally ill patients (5 marks)

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SECTION B: LONG ANSWER QUESTIONS (40 MARKS)

QUESTION ONE

- i. Discuss how a good counsellor would build a good relationship with a client for successful counselling process (10 marks)
- ii. Discuss infection control in home based care setting (10 marks)

QUESTION TWO

- i. Discuss barriers to home based care (10 marks)
- ii. Discuss the differences and similarities between guidance and counselling (10 marks)

QUESTION THREE

- i. Discuss the advantages and disadvantages of home based care (10 marks)
- ii. Discuss the qualities of a good counsellor (10 marks)