



# MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

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## UNIVERSITY EXAMINATIONS 2024/2025

FIRST YEAR, FIRST SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF  
SCIENCE IN NURSING

### NND 3114: INTRODUCTION TO PSYCHOLOGY

DATE: JANUARY 2025

TIME: 2 HOURS

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**INSTRUCTIONS:** Answer Question *One* (Compulsory) and any other *Two* Questions

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#### QUESTION ONE - (30 MARKS)

- a) Explain the meaning of the following terms in psychology
  - i) Conditioning (2 Marks)
  - ii) Electra complex (2 Marks)
  - iii) Repression (2 Marks)
  
- b) What is the difference between acute and chronic stress? (4 Marks)
- c) Describe the latency stage of personality development. (10 Marks)
- d) Explain the relevance of psychology to a practicing nurse. (10 Marks)

#### QUESTION TWO – (20 MARKS)

- a) Explain any five ways how the self - concept is acquired. (10 Marks)
  
- b) Giving relevant examples discuss any five ways how emotions influence behaviour. (10 Marks)

**QUESTION THREE - (20 MARKS)**

- a) What is learning? (2 Marks)
- b) Jones a third year student is addicted to drugs. Discuss how he can stop the addiction according to the behavioural theories of learning. (18 Marks)

**QUESTION FOUR – (20 MARKS)**

- a) Explain three components of attitude. (6 Marks)
- b) Discuss how you would convince the community to take a vaccine against Mpox. (14 Marks)

**QUESTION FIVE – (20 MARKS)**

Explain developmental challenges experienced in old age and suggest possible interventions. (20 Marks)