



MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

P.O. Box 972-60200 - Meru-Kenya.
Tel: +254(0) 799 529 958, +254(0) 799 529 959, +254 (0)712 524 293
Website: www.must.ac.ke Email: info@mucst.ac.ke

UNIVERSITY EXAMINATIONS 2023/2024

SECOND YEAR, SECOND SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF EDUCATION ARTS

EPH 3250: ATLETICS RUGBY AND SWIMMING (THEORY)

DATE: APRIL 2024

TIME: 2 HOURS

INSTRUCTIONS: Answer All questions.

SECTION A: ATHLETICS 20 MARKS

1. Discuss five faults in javelin (5 Marks)
2. Outline five differences between track events and the cross-country (5 Marks)
3. List five duties of the chief timekeeper in athletics (5 Marks)
4. Outline five teaching points of the bullet crouch start (5 Marks)

SECTION B: RUGBY 20 MARKS

5. Discuss time in relation to 7s rugby (5 Marks)
6. outline faults that may occur during a line out in rugby (5 Marks)
7. Outline the procedure of executing a scrum in rugby (5 Marks)
8. Discuss five qualities of a good prop in rugby (5 Marks)

SECTION C: SWIMMING 20 MARKS

9. Explain five ways of ensuring proper hygiene in a swimming pool (5 Marks)



10. Briefly explain five considerations for a swimming gala	(5 Marks)
11. Outline five teaching points for the tennis serve in volleyball	(5 Marks)
12. Discuss ways of building water confidence to beginner in swimming	(5 Marks)

NB: 60 MARKS TO BE CONVETED TO 30 MARKS



MUST is ISO 9001:2015 and



ISO/IEC 27001:2013 CERTIFIED