



MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

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UNIVERSITY EXAMINATIONS 2023/2024

SECOND YEAR, SECOND SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF EDUCATION ARTS

EPH 3250: ATHLETICS RUGBY AND SWIMMING (PRACTICAL)

DATE: APRIL 2024

TIME: 2 HOURS

INSTRUCTIONS: Answer All questions.

SECTION A: ATHLETICS 30 MARKS

Execute the following skills

i.	Putting the shot	(10 Marks)
ii.	Down sweep baton change	(10 Marks)
iii.	Straddle jump	(10 Marks)

SECTION B: RUGBY 30 MARKS

Execute the following skills

i.	Drop kick	(10 Marks)
ii.	Flip pass	(10 Marks)
iii.	Side stepping	(10 Marks)



SECTION C: SWIMMING 30 MARKS

Execute the following skills

i.	Freestyle	(10 Marks)
ii.	Back stroke	(10 Marks)
iii.	Breast stroke	(10 Marks)

NB: 90 MARKS TO BE CONVENTED TO 30 MARKS



MUST is ISO 9001:2015 and



ISO/IEC 27001:2013 CERTIFIED