



(University of Choice)

MASINDE MULIRO UNIVERSITY OF SCIENCE AND TECHNOLOGY (MMUST)

MAIN CAMPUS MAIN EXAM

**UNIVERSITY EXAMINATIONS
2023/2024 ACADEMIC YEAR**

**FIRST YEAR FIRST TRIMESTER MAIN EXAMINATIONS
FOR THE DEGREE
OF
BED. HOME SCIENCE**

COURSE CODE: HSC 100
COURSE TITLE: INTRODUCTION TO HOME SCIENCE

DATE: 07/12/2023

TIME: 12.00 – 02.00 PM

INSTRUCTIONS TO CANDIDATES

Answer all questions in SECTION A and B
Answer only TWO questions in SECTION C
Read additional instructions under various sections

TIME: 2Hours

MMUST observes ZERO tolerance to examination cheating

This Paper Consists of 3 Printed Pages. Please Turn Over.

Section A Answer all question

1. Lack of _____ in the diet leads to anaemia?
 - A Sodium
 - B Calcium.
 - C Iron.
 - D None of the above.
2. Reading stories in children best supports _____.
 - A Partnership working.
 - B Speech, language, and communication.
 - C Numeracy development.
 - D Physical health and wellbeing.
3. You notice water on the floor from a leak in the kitchen. What immediate action should you take?
 - A Close the Kitchen
 - B Mop the water
 - C Tell the manager.
 - D Leave a note.
4. The following are all methods of serving meals in a home **EXCEPT**:
 - A Buffet service .
 - B Table service.
 - C Tray service
 - D Plate service
5. High intake of _____ is advised to prevent constipation.
 - A Meat
 - B Fiber
 - C Fish
 - D All of the above
6. Citrus fruits are an excellent source of _____.
 - A Calcium
 - B Vitamin C
 - C Vitamin B
 - D Protein
7. Which of the following is not a function of pressing clothes.
 - A Removes creases.
 - B Restores clothes to original shape.
 - C Removes dirt.
 - D Ensures complete drying of articles.

8. You notice a child has bruises on their hands. The first thing you should do is

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- A Phone the parents immediately.
 - B Administer First Aid,
 - C Share your concerns with the appropriate person in your setting.
 - D Nothing as this would be a breach of confidentiality.

9. A child aged 4 uses sexual language during role play. This may be a sign of

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- A Sexual abuse.
 - B Intelligence.
 - C Learnt behaviour.
 - D Neglect.

10. Which of the following food groups provides the body with the best source of energy?

- A Milk and cheese.
- B Meat group.
- C Fats, oil and sweets.
- D Bread and cereals.

Section B. Short answer questions. Answer all questions (6 marks each, total 30 marks)

- 11. State 6 benefits of Home Science to the community.
- 12. List 6 advantages of renting a house.
- 13. State 6 preventive measures against cholera.
- 14. State 6 ways of maintaining hygiene in the kitchen.
- 15. State 6 factors to consider when choosing toys for children

Section C. Long answer questions. Answer any two questions (10 marks each)

- 16. During a practical in the Home Science room one of your group members faints as the kitchen has become very hot. Explain the first Aid you will give to her.
- 17. List the foods your group cooked during the Home Science practicals and the process of preparing each of the foods you cooked.
- 18. Describe how to avoid 5 common accidents in the home.

