



MERU UNIVERSITY OF SCIENCE AND TECHNOLOGY

P.O. Box 972-60200 - Meru-Kenya.

Tel: +254(0) 799 529 958, +254(0) 799 529 959, +254 (0)712 524 293

Website: www.must.ac.ke Email: info@mucst.ac.ke

UNIVERSITY EXAMINATIONS 2023/2024

THIRD YEAR SECOND SEMESTER EXAMINATION FOR DEGREE OF BACHELOR OF SCIENCE
IN EDUCATION ARTS

ECT 3363: PHYSICAL EDUCATION SUBJECT METHODS

DATE: APRIL 2024

TIME: 2 HOURS

INSTRUCTIONS: Answer Question ONE and any other TWO questions.

QUESTION ONE (30 MARKS)

- a) Distinguish between a teaching technique and a teaching strategy (4Marks)
- b) Explain the three learning domains (6marks)
- c) Illustrate the role of the following as used in Competency Based Curriculum (CBC) Lesson Plan
 - i. Strand (2marks)
 - ii. Expected Learning Outcomes (2 Marks)
 - iii. Pertinent Contemporary Issues (2 Marks)
 - iv. Key Inquiry Questions (3 Marks)
 - v. Assessment Rubrics (3 Marks)
- d) Explain the learning experiences that distinguish the following in a Physical Education (P.E) Lesson Plan
 - i) Class activity (2 Marks)
 - ii) Group activity (2 Marks)
 - iii) General Lesson Plan in a P.E lesson (2 Marks)
 - iv) Specific Lesson Plan in P.E lesson (2 Marks)
 - v) Wet weather lesson plan (2 Marks)



QUESTION TWO(20MARKS)

- a) Explain any three purpose of learning experiences in a Physical Education Lesson (6 Marks)
- b) Discuss any three factors to consider when selecting learning activities in a P.E lesson (6 Marks)
- c) Discuss four ways in which the teaching of P.E lesson differ from your other teaching subject (8 Marks)

QUESTION THREE(20MARKS)

- a) Compare the components of the Schemes of Work and Physical Education Lesson Plan in the Competency based Curriculum (CBC) (12 Marks)
- b) How do these components differ from those of Knowledge Based (8-4-4) Curriculum (8 Marks)

QUESTION FOUR(20MARKS)

- a) Discuss the role of Physical Education (PE) in the Basic Education Curriculum (8 Marks)
- b) Explain how the changes from Knowledge Based Curriculum (KBC) to Competency Based Curriculum (CBC) will influence the teaching and learning of Physical Education (PE) in Kenya (12 Marks)

QUESTION FIVE(20MARKS)

- a) Distinguish between teaching methods and teaching strategies as used in a Physical Education subject. (12 Marks)
- b) Explain how teaching strategies in Physical Education differ from those of other subjects (8 Marks)

